

PHARMACY NEWSLETTER - STOPTOBER



What is Stoptober?

Stoptober is back for 2020, with the primary aim of encouraging the nation's smokers to make a quit attempt for the month of October and beyond. As with previous Stoptober campaigns, this year's campaign is founded on the evidence that if a smoker can quit for 28 days, they are five times more likely to quit for good.

How you can help

The Smokefree Hampshire team continues to work remotely and flexibly to offer virtual and telephone support to those who wish to stop smoking.

You can securely refer clients directly via:

- Electronic referral form at www.smokefreehampshire.co.uk
- Call 01264 563039 or 0800 772 3649
- Offer an appointment if you are providing the service on behalf of SFH via a service level agreement



Champix PGD

We are delighted to announce the launch of the new Champix (Varenicline) PGD across Hampshire.

This new service is open to all pharmacies interested in offering Varenicline to their customers and is separate to the current SLA. The aim of the PGD is to increase accessibility for people who want to use Varenicline to stop smoking.

If you are interested or have any further questions please contact:

Chris McMahon
chris.mcmahon@solutions4health.co.uk

SLA

We are still here and continue to offer virtual support and training for any Pharmacies that would like to deliver the service as well as providing refresher trainings for existing ones.

Level 2 advisor training

This training equips staff with the knowledge and skills to support smokers through a quit attempt which involves both behavioural support and medication.

To book or for any further information please contact either:

Chris McMahon
Chris.Mcmahon@solutions4health.co.uk

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